



What to do before you go

The “What to do before you go” Checklist

- Have you checked with your government travel advice websites about the countries you are visiting?
- Is the right amount and type of travel insurance in place for everyone who is travelling?
- Have you purchased the most up-to-date A Day In guides to the locations you are visiting?
- Have you read those guides and planned what you might want to do and see?
- Do you have a plan for clothes and other things to take with you?
- Are your passports valid for long enough to cover the vacation and any additional time required by your Government?
- Do you have the appropriate necessary visas?
- If you are planning to hire cars check the requirements in the countries you are visiting before you go and make sure you pack your driving licence.
- Have you got your tickets ready and to hand?
- Contact your local doctors a couple of months before you travel for any medical advice you might need, and repeat prescriptions and to check if you need any vaccinations.
- Make copies of your passport, insurance documents and 24 hour emergency number and ticket details and leave the copies with family members or friends at home.
- Get the appropriate currency you will need and cards and travellers checks/cheques if you want to use them. Check if your credit cards are accepted in the countries you are visiting and have alternative forms of money in place if not.
- Leave a copy of your itinerary and a way of contacting you (other than your mobile phone as you may not have reception for long periods of time) with family and or friends.



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- Take enough supplies of prescribed medicine with you and a copy of the prescription.
- Take spare eye-glasses and prescription sunglasses and sufficient contact lenses of course
- Also pack and carry any medical letters about your health if you have any particular conditions, in order to help doctors and nurses abroad should you be taken ill.
- Make sure you have enough film and chargers for cameras
- Take a deep breath and have a great vacation!